

---

---

---

---

Place  
Postage  
Here

Web

**The Anxiety & Depression Initiative**  
**P.O. Box 126**  
**Little Falls, NJ 07424**

-----  
*Cut Here*



**The Anxiety &  
Depression Initiative, Inc.**  
[www.TheADI.org](http://www.TheADI.org)

**Donor Submission Form**

Please complete the below form so that we can acknowledge receipt of your generous donation and keep you updated on how your donation was used.

Please complete the below form and include it with your tracker:

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

*(Street, City, State, ZIP)*

Email Address: \_\_\_\_\_

Please describe your donation (ie. tracker type, accessories included):

---

Does the activity tracker currently work?  Yes  No

Would you like to receive newsletters and other communications from the ADI?  Yes  No

Can we recognize you publicly for your donation?  Yes  No

# **INSTRUCTIONS:**

Below you will find instructions on how to submit your activity tracker. We thank you for generous donation.



The Anxiety &  
Depression Initiative, Inc.  
[www.TheADI.org](http://www.TheADI.org)

**Step 1:** Make the decision to donate your unused activity trackers. You are not using them, so why not let someone else put them to use?

**Step 2:** Dig through your drawers to find your unused activity trackers and their accessories (ie. power/data cords, instruction books).

**Step 3:** Dust them off and put them all into a postage envelope that is big enough to fit the trackers, accessories and instruction books.

**Step 4:** Complete the donor submission form, so that we can acknowledge receipt of your donation and insert it into the envelope.

**Step 5:** Affix the mailing label to the envelope, pay for postage and drop your donation in the mail.

**Step 6:** Tell your friends and family that you donated your unused fitness tracker and encourage them to do the same.

## **What will happen with your donation?**

Once we receive your donation, we will test the tracker to make sure that it works, repair it if necessary/possible and add it to our inventory of trackers to be distributed to those living with mental illness. Your tracker will be given free of charge to these individuals through partnerships with mental health organizations. They will end up on the wrists of the individuals who need them the most.